

HEAT Team Meeting  
Sunday, June 25, 2006

- I. Meeting brought to order by Bill Taylor
- II. New Members – download membership application online.
- III. New Uniforms (Mark Evans)
  - a. New HEAT uniforms are in and can be picked up at ACME Multisports – \$60 each.
  - b. Limited numbers available for those who did not pre-order.
- IV. Kid's Triathlon (Mark Evans)
  - a. First training session was 06/25/06; training sessions will continue each Sunday except for Sunday, July 2.
  - b. Entry fee is now \$20 rather than \$10 due to chip timing system
  - c. Start time moved to 7:00 a.m.
  - d. Still need several volunteers
  - e. Transition area at Babb Center next to YMCA
  - f. Parking available at Bluegrass Commons
  - g. Both ACME Multisports and Biker's Choice will be offering bicycles as door prizes.
- V. Old Hickory Lake Triathlon will take place on August 26. The event is now HEAT Sponsored and we are requesting volunteers be available for both setup (Friday) and teardown (Saturday) of race site.
- VI. HEAT cards were passed out for distribution to those interested in joining HEAT and those interested in enrolling their children in the Kid's Tri.
- VII. Natchez Trace Ride – no updates.
- VIII. Other Upcoming Races (Triathlon) – no room blocks currently held for out of town races.
  - a. Chattanooga Waterfront – Sunday, July 16
  - b. Cedars of Lebanon – Saturday, July 29
  - c. Mountain Lakes Triathlon – Saturday, August 12
  - d. Old Hickory Lake – Saturday, August 26
- IX. Race Scheduling – Barry Bresnahan suggested members plan their race schedules early enough so that we can secure blocks of rooms and have everyone together at out-of-town races. With some advanced planning, we can help individuals find roommates if desired and continue fostering the team atmosphere at race sites.
- X. Recover-Ease Trials – we received several samples from a company called Wicked Fast Sports Nutrition, who markets a product called Recover-Ease. We're currently testing the product to determine if this is a relationship we wish to pursue.
- XI. TYR Swim Team – if you're interested in becoming a TYR-sponsored athlete, contact Ron Chalasta at Sea Star Swim School. To qualify you need to be a consistent top-three finisher in your age group.
- XII. Sumner County YMCA Open Water Swim – First swim is Tuesday, June 27 from 6-7:30 pm at the Cages Bend Boat Ramp.
- XIII. Meeting closed by Bill Taylor