

Hendersonville Endurance Athletic Team (HEAT) MEETING MINUTES

Date: April 3, 2005

Location: Sumner County YMCA

Time: 3:30 PM

Bill Taylor welcomed everyone to the meeting and opened with a prayer. One guest was present during the meeting and was introduced to the HEAT members.

Leah Fisher provided an update on current membership and reported on membership to USAT. We currently have 36 members. A roster of HEAT members has been sent to USAT. Follow-up needs to be conducted to ensure roster was received. A list of members also needs to be provided to all our sponsors. Liability insurance for our club has also been purchased through USAT.

Mark Evans discussed who our sponsors would be for this year. It was also pointed out that Biker's Choice in Hendersonville will be a giving discount to all HEAT members.

Barry Baird presented the race results for the Tom King Half Marathon and reviewed upcoming events in April and May.

Marilyn Meyer discussed the issue of ordering the wrong type team shirts. Our new shirts will be \$20 and it is undetermined if we will have the option to buy our current shirts. Marilyn will be following up on this issue with Concept One.

Mary Zwiefel discussed marketing and newspaper articles. We have a verbal agreement with Star News to print two articles this year about HEAT. One article will pertain to the Old Hickory Triathlon in Hendersonville.

Robyn Williams discussed the website and provided information on sponsorship for the Rotary Freedom 5K Race in July.

Mark Evans discussed planning for the Kid's Triathlon and asked that we start brainstorming on the details of the race. Allen Curtis was volunteered to lead the effort of the triathlon.

Mark Lowry was our guest speaker and provided information on triathlon training, devising a training system, strength training for endurance athletes, and nutrition for endurance athletes.

Mark adjourned the meeting.

Date/Time/Location of next meeting:

Gulf Coast Triathlon / Panama City, FL / May 7, 2005

Time adjourned: 5:00 PM

President's Signature