

***Hendersonville Endurance Athletic  
Team (HEAT)  
JUNE MEETING MINUTES***

**Date:** June 5, 2005

**Location:** The Pilates Company

**Time:** 3:30 PM

Mark Evans welcomed everyone and a brief business was held with the following issues being discussed:

- A list of 21 HEAT members that are also USAT members was submitted to USAT.
- A meeting has been scheduled for June 7, 2005 at the YMCA to discuss the Kid's Triathlon.
- Marilyn Meyer discussed the weekly workout schedule and provided a revised schedule that will go on the HEAT website.
- Upcoming races were discussed.
- The Freedom 5k was discussed along with the importance of HEAT members volunteering to work at our tent to promote our organization to the community.

Shannon Reed, owner of the Pilates Company in Gallatin, TN provided a class for the HEAT members and discussed the benefits of Pilates as it relates to the three disciplines of triathlon.

**Date/Time/Location of next meeting:**

TBA

**Time adjourned:** 5:00 PM

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**President's Signature**